



**Macular
Disease
Foundation**
AUSTRALIA

Sign up today for one of our **FREE** online education sessions

1 in 7 Australians have evidence of age-related macular degeneration.

If this is you, it's time to gather all the information you need to live well with macular disease/AMD and reduce your risk of vision loss and blindness.

Our webinars will provide you with easy, digestible information about:

- Your diagnosis
- Nutrition and lifestyle
- Treatment options
- Low vision aids and technologies
- Mental health and well-being
- Navigating NDIS and My Aged Care systems
- MDFA supports and services



**To learn more and register, go
to www.mdfoundation.com.au
or scan the QR on this poster**



Macular Disease Foundation Australia (MDFA) is the national peak body representing the voice and needs of the macular disease community.

Our purpose is to reduce the incidence and impact of macular disease in Australia

Contact our toll-free National Helpline on 1800 111 709 or email info@mdfoundation.com.au