

Your sight is as important to us as it is to you.

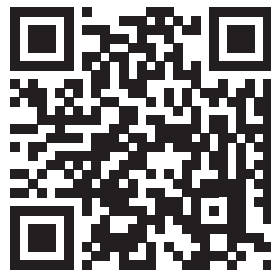
A macular disease diagnosis is not easy and there may be challenges ahead.

My Eyes is free of charge, independent and endorsed by Australia's leading eye health professionals. It is the only personalised service available to all Australians living with macular disease.

Through My Eyes, we will work together to create a brighter outlook.



Get support
Take control
Be informed
Get connected
JOIN MY EYES



Signing up is easy. Just scan the QR code, head to www.mdfoundation.com.au/myeyes or call Macular Disease Foundation Australia on **1800 111 709**.

MY EYES



My Eyes is a free, confidential and personalised service offered by Macular Disease Foundation Australia – the leading macular disease experts.

MY EYES

Your guide to living with macular disease



Start well. Keep well. Be well.

So, you've been diagnosed with a macular disease. What's next?

Connecting to My Eyes gives you the very best care in between visits to your optometrist or ophthalmologist.



From day one, our expert team will be here to guide you. We'll help you to understand your macular disease with information and support that's tailored just for you.

My Eyes will help you take control of your eye health. And together, we'll find solutions to any challenges you're facing.



My Eyes is your central point of support as you learn about life with macular disease. The service focuses on three areas:

- providing you with health information you need to confidently manage your condition,
- offering practical advice, tips and guidance, and
- supporting you emotionally through what can, for some, be a difficult time.

Whether you prefer to receive information and support online, in the post or over the phone, My Eyes has you covered.

Plus, no matter where you live in Australia, we can connect you with people who know exactly what you're going through – because they're living it too.

"I didn't know anyone with AMD and now I have the opportunity to interact with people who deal with the same problems as I have... I am full of hope, as I know this will improve my mental state and give me information."

– Irene

"The information I received really helped me and calmed my greatest fears about losing my sight."

– Beth

ABOUT MACULAR DISEASE FOUNDATION AUSTRALIA

Macular Disease Foundation Australia (MDFA) has been working for the approximately 1.9 million Australians living with macular disease, their families and carers for more than 20 years.

My Eyes was developed in consultation with members of the macular disease community, so we know it is relevant.

"I know MDFA's My Eyes service can provide you with all the tools you need to make achievable lifestyle changes that will help you maintain your vision for as long as possible. Let's do this together. I urge you to join My Eyes today."



– Patron, Ita Buttrose AC OBE